

PRAYER GUIDE

November to December 2026

Welcome to the advent edition of the Turning Tides Prayer Guide. Thank you so much for all your prayers supporting us to end local homelessness.
Please feel free to share this guide with your church, community and friends

TURNINGTIDES
ENDING LOCAL HOMELESSNESS

REGISTERED CHARITY No: 1027832

Turning Tides
Town Hall, Chapel Road, Worthing,
West Sussex BN11 1HA
01903 680740

NOVEMBER

Week 1 Shelter in the Cold

As the nights get colder, we pray for those who are sleeping rough. For anyone spending the night outside without a safe or warm place to sleep. The cold can make an already difficult situation even harder.

This week, we pray for those who are rough sleeping and facing the winter ahead. Pray that they will have somewhere warm and safe to go. That they will have food, water and the things they need to get through the night. Most of all, pray that they will meet people who will listen to them and treat them with dignity.

For someone who has been sleeping rough, taking the first step towards a different life can feel overwhelming. We pray that they will find turning tide's support and begin to see a way forward. May they find hope that their situation can change and that they do not have to face it alone.

"The Lord is a refuge for the oppressed, a stronghold in times of trouble." — Psalm 9.9

Week 2 Joy in the Ordinary

This week, we give thanks for the small things that can make a difficult day feel a little lighter.

We give thanks for a warm meal and a safe place to rest. For a good conversation and someone who takes the time to listen. For laughter, friendship and the moments when someone can simply be themselves.

We give thanks for the people we meet who continue to find reasons to keep going. For the courage it takes to start again and for the moments when someone begins to see that life can be different. This week, let's give thanks for every small step forward. For the things that may seem ordinary but can mean so much to someone who has experienced homelessness.

"Give thanks to the Lord, for he is good; his love endures forever." — Psalm 107.1

Week 3 Uncertian times

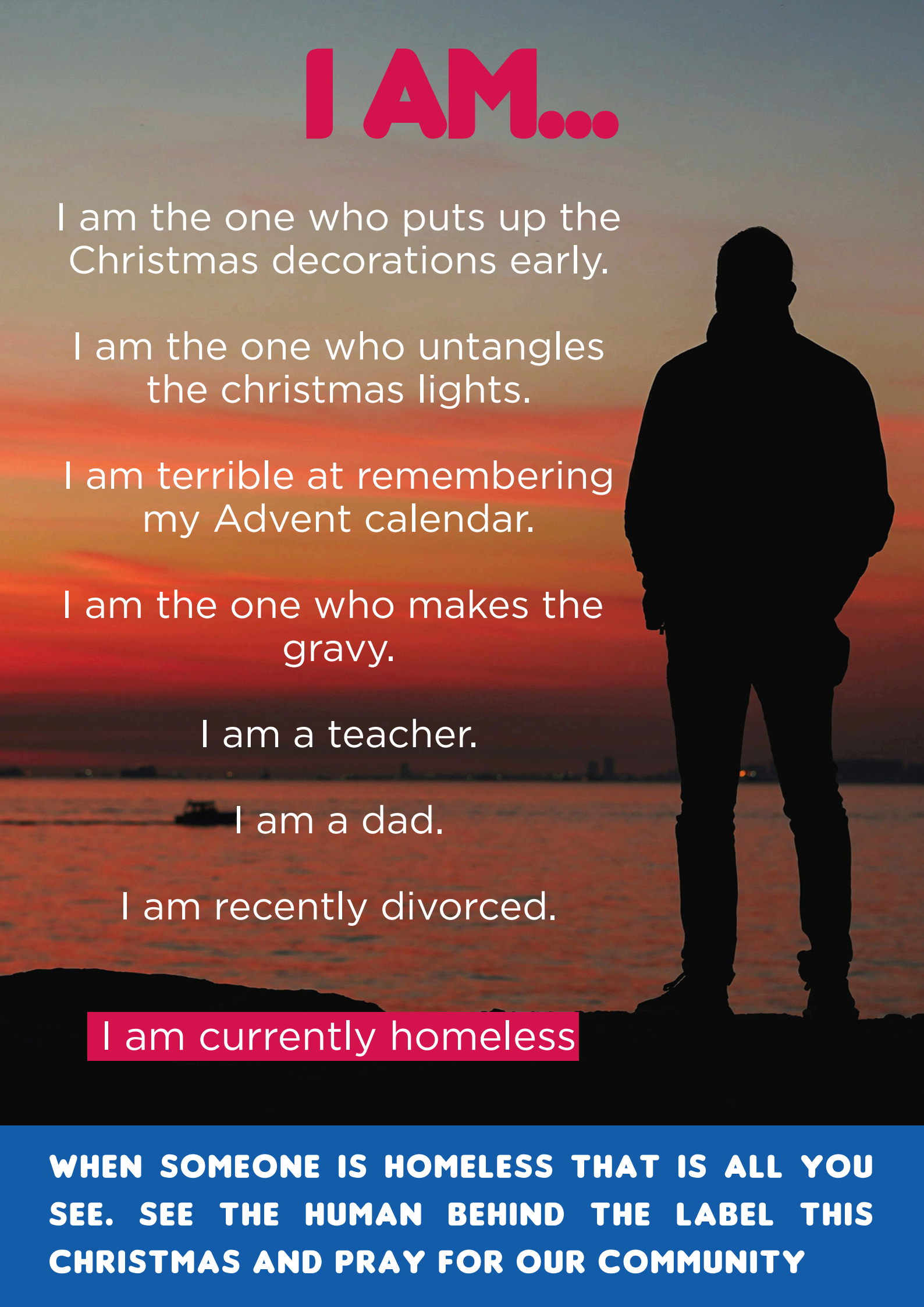
For someone experiencing homelessness, it can be difficult to know what the future will look like. Not knowing where they will live or what will happen next can bring fear and worry. This week, we pray for those who are feeling uncertain about their future. May they find people who will walk alongside them and help them take the next step. Give them strength when things feel difficult and help them hold onto hope.

As Advent approaches, may they know that their current circumstances are not the end of their story. May they begin to see the possibility of a different future.

"May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope." — Romans 15.13

NOVEMBER

I AM...



I am the one who puts up the Christmas decorations early.

I am the one who untangles the christmas lights.

I am terrible at remembering my Advent calendar.

I am the one who makes the gravy.

I am a teacher.

I am a dad.

I am recently divorced.

I am currently homeless

WHEN SOMEONE IS HOMELESS THAT IS ALL YOU SEE. SEE THE HUMAN BEHIND THE LABEL THIS CHRISTMAS AND PRAY FOR OUR COMMUNITY

Week 4 *I Am – Psalm 139.14* NOVEMBER

For many of us, the lead-up to Christmas means familiar traditions. Making the gravy. Wrapping presents. Gathering around the table. But for someone experiencing homelessness, Christmas can be a difficult time. It can bring up old memories and feelings of loneliness or being disconnected from their community.

Over the last year, we have supported **978 people experiencing homelessness West Sussex**. Each one of them matters. This Christmas, we ask you to look beyond the statistics and remember the person behind them.

Our **'*I Am*' Christmas Appeal** is about **seeing the person behind the label of 'homeless'**. Every person has a story, relationships, hopes and dreams that are so much bigger than their circumstances.

This week, we pray for everyone experiencing homelessness, especially those who are overlooked or wondering where they belong. May they experience kindness, dignity and the knowledge that someone cares. **May we all be willing to look beyond the label, see the person and remember that every person is wonderfully created and deeply valued**.

"I PRAISE YOU BECAUSE I AM FEARFULLY AND WONDERFULLY MADE; YOUR WORKS ARE WONDERFUL, I KNOW THAT FULL WELL."

— PSALM 139.14

NOVEMBER



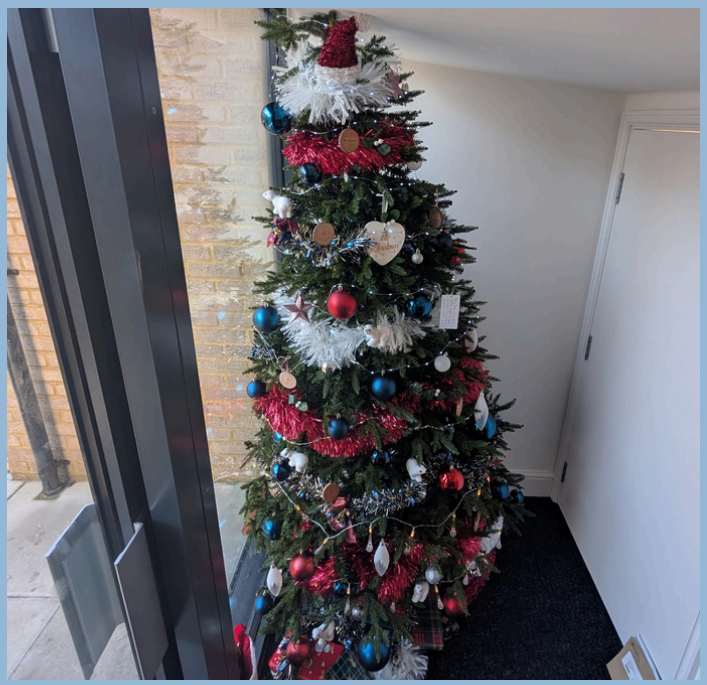
OUR MOVE ON HOUSES ANNUAL CHRISTMAS TREE COMPETITION.

Christmas can be an especially busy and challenging time across our services, so moments like this are really special. It gave everyone the chance to come together, share some festive joy and celebrate the sense of community that makes our services feel like home.









DECEMBER

Week 1 Hope for new Beginnings

This Christmas, we give thanks for the perseverance and strength of our clients. Client A had spent many years experiencing homelessness and faced many Christmas days alone. Now they have moved into their own home and are flourishing.

After more than six years of support, they were able to spend last Christmas in a place they could finally call their own. Since then, they have continued to thrive. They have returned to the gym and are cycling again. They are rebuilding their life and finding joy in the things that matter to them.

This week, we pray for those who are still waiting for their own new beginning. For those who have been homeless for a long time and may be losing hope. Help them to keep going and remind them that their circumstances can change.

"But those who hope in the Lord will renew their strength. They will soar on wings like eagles."- Isaiah 40.31

Week 2 The Things That Make Us, Us



Obert's life had once felt ordinary. He had a job in engineering and a home where his children had grown up. Then his health deteriorated. He lost his job and eventually his home. For a while, he stayed with friends and sometimes slept in his car. At the same time, he was facing serious kidney problems and regular dialysis. With support from Turning Tides, Obert found his own home. He was given the things he needed to start again.

This Christmas, we pray for people who are still waiting for their chance to start again. May they have the support they need and the opportunity to reconnect with the things that make them who they are.

Week 3 The Joy of Giving

At Christmas, many of us will spend time choosing presents for the people we love. We will wrap them up and place them under the tree. We may wake up on Christmas morning in a warm home with people around us and have the chance to celebrate together. It can be easy to take these things for granted. This week, we give thanks for the privilege of having a safe place to celebrate Christmas and for the ability to give and receive gifts. We pray that as we enjoy these things, we will remember those who may not have the same security.

May we be grateful for what we have and thoughtful about those who are facing Christmas without a home. Help us to give generously and to remember that sometimes the greatest gift we can offer is making someone feel seen, valued and cared for.

"It is more blessed to give than to receive." — Acts 20.35

DECEMBER

Week 4 *I Am – Psalm 139.14* DECEMBER

This week we celebrate Christmas. For many of us, it will be a time of being with people we love. We might sit around a family table, open presents and enjoy the traditions that make Christmas feel like home. But for someone experiencing homelessness, Christmas can bring a very different set of feelings. It can be a reminder of family relationships that have broken down, a home that has been lost or a life that feels very far away from where they hoped it would be.

This week, we direct our prayers to those often overlooked at this time of year. We pray for those who may be alone on Christmas day and for those who are missing the people they love. We pray that the lord guides them to our services where they will find warmth, a listening ear and a home. We ask for you to consider those who may feel ignored and lost in this world and may your strength guide them to sanctuary. May they know that they are not forgotten and that their circumstances do not define who they are.

As we celebrate the birth of Jesus, may we remember every person who is without a home this Christmas. May they know that they are seen and valued. And may they have hope that this is not the end of their story.

"I PRAISE YOU BECAUSE I AM FEARFULLY AND WONDERFULLY MADE; YOUR WORKS ARE WONDERFUL, I KNOW THAT FULL WELL."
— PSALM 139.14



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WINTER ESSENTIALS GIFT LIST

Help us to wrap up Winter by gifiting essential items to keep individuals experiencing homelessness, warm, hydrated, nourished and healthy

Items go directly to individuals experiencing homelessness in your community

Outdoor Essentials

- Warm & waterproof sleeping bags with cover/bag
- Two person tents
- Handwarmers
- Head torches
- Rucksacks
- Roll mats/camping mats

Hygiene Care

- 2in1 shampoo & conditioner
- Body wash
- Body wipes
- Deodorant
- Toothbrushes & toothpaste
- Razors & shaving gel

Clothing

- New gloves & winter hats
- New women's pants S/M
- New men's boxers S/M
- New socks - trainer, thick & thermal

We accept new & good condition clothing e.g. joggers, hoodies, jeans.

Please contact us before donating to check what we need
Thank you!

Donate in person OR purchase from our Amazon Wishlist to help improve everyday living this Winter. Items are delivered directly to us! **SCAN HERE**

HOW TO DONATE?

Drop to: Unit 2, Dominion Trade Centre, Dominion Way West, Worthing, BN14 8NT
Monday, Tuesday, Wednesday, Thursday 9 am - 2pm CLOSED FRIDAY
Email: donations@turning-tides.org.uk **Tel:** 01903 680742

FESTIVE HOURS
CLOSED FROM 1.30PM 24 DECEMBER - REOPENING 4 JANUARY 2027

For our Happiness Hampers Gift List visit our website or see separate poster.

www.turning-tides.org.uk/donate-goods

THANK YOU FOR YOUR TIME AND PRAYERS



Online Donation

Winter Wishlist

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