

HARVEST FOOD FESTIVAL 2026

PICK 'N' MIX A LUNCH ON THE GO

Help us give Lunch a Lift this Harvest by gifting directly to those experiencing homelessness, to help nourish their health and support their wellbeing.

Pick 'n' Mix from the list below or load up a supermarket gift card with the cost of your favourite lunch.

SANDWICH FILLERS

TINNED HAM, MEAT & FISH ☐

CORNERED BEEF ☐

MARMITE ☐

SANDWICH SPREAD & PASTE ☐

POTS & PACKETS

POT NOODLES ☐

INSTANT PACKET MEALS ☐

MICROWAVE RICE ☐

INSTANT SUPER NOODLES ☐

SNACKS

CEREAL BARS ☐

BISCUITS ☐

CRISPS & SAVOURY SNACKS ☐

SWEETS & CHOCOLATE ☐

DRINKS

INSTANT COFFEE ☐

BOTTLED WATER ☐

JUICE CARTONS ☐

MILK/MILK ALTERNATIVE ☐

HOW CAN YOU DONATE?

Drop off Monday- Thursday.
Collections available on
request.

Sign up to receive our
Gift List and Newsletter
to learn more about what
we do and how you can
support us this Harvest
and beyond!



SCAN ME

Drop off Monday, Tuesday,
Wednesday, Thursday 9am - 2pm
CLOSED FRIDAY & BANK HOLIDAYS
Unit 2, Dominion Trade Centre,
Dominion Way West, Worthing,
West Sussex, BN14 8NT.

Email donations@turning-tides.org.uk

Phone 01903 680742

Visit www.turning-tides.org.uk/donate-goods



REGISTERED CHARITY No: 1027832

Donate via our Amazon
Wishlist and send
essential everyday items
direct to us!



SCAN ME