

HELLO SUMMER 2026 GIFTLIST

The Summer Season is a risk for people experiencing homelessness.

Your help will directly support people without a secure home by focusing on

Health, Wellbeing, Dignity and Respect.

MOST WANTED THIS SUMMER

Tins - Fish, Ham, Meat and Vegetarian Ready Meals, Fruit
Quick Cook Meals - Pot Noodles, Instant Noodles, Cup a Soups,
Microwave Rice

Drinks - Bottled Water, Juice Cartons, Milk & Alternative Milk, Squash,
Instant Coffee

Easy Snacks - Crisps, Cereal & Snack Bars

STAYING SAFE IN THE SUN

Toiletries - Sun cream, UV Lip Balm, Body Wipes

Clothing - Sun Hats & Caps, Sun Glasses

Outdoor Essentials - 1-2 Person Tents, Sleeping Bags with cover, Reusable Bottles

Drinks - Bottled Water, Juice Cartons, Milk & Alternative Milk, Squash

HOW CAN YOU DONATE?

Drop off Monday, Tuesday, Wednesday, Thursday 9am - 2pm

CLOSED FRIDAY & BANK HOLIDAYS

Unit 2, Dominion Trade Centre, Dominion Way West, Worthing, West Sussex, BN14 8NT

Email donations@turning-tides.org.uk

Phone **01903 680742**

Visit www.turning-tides.org.uk/donate-goods



OR See our Amazon Wishlist for essential everyday items



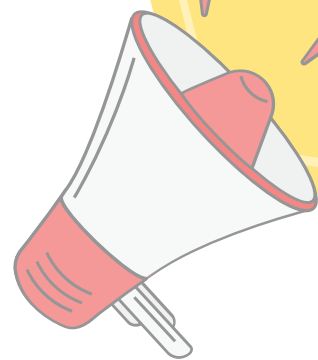
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STAYING SAFE IN THE SUN THIS SUMMER

HOW CAN YOU HELP...

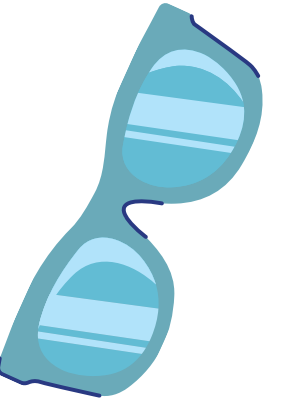
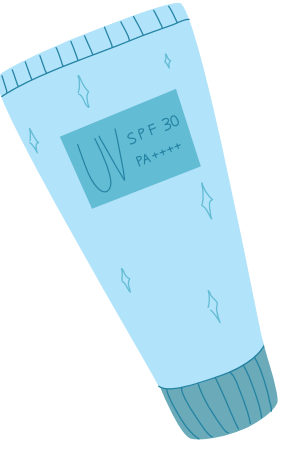
**HOT WEATHER CAN BE
LIFE THREATENING**

WITH LITTLE ESCAPE FROM THE
SUN AND HEAT, PEOPLE
SLEEPING ROUGH ARE AT HIGH
RISK OF SUFFERING HEAT-
RELATED ILLNESS...



GIFT HYDRATION

- BOTTLED WATER
- REFILLABLE BOTTLES
- ELECTROLYTE DRINKS



**DIRECT PEOPLE TO
OUR COMMUNITY
HUBS
TO ACCESS FRONT
LINE SERVICES
AND SUPPORT**

ST CLARES
6-8 MARINE PLACE,
WORTHING,
BN11 3DN

LITTLEHAMPTON HUB
2 ARUNDEL ROAD,
LITTLEHAMPTON,
BN17 7DB

CONTACT STREETLINK

**VISIT THE ONLINE
PLATFORM BY
SCANNING THE QR CODE
AND HELP CONNECT A
PERSON SLEEPING
ROUGH WITH THE LOCAL
SERVICES THAT CAN
SUPPORT THEM**



GIFT SUN PROTECTION

- SUN HATS
- SUN CREAM
- SUNGLASSES
- UV LIP BALM

