



# PRAYER GUIDE

## June to August 2026

Welcome to the Spring/Summer edition of the Turning Tides Prayer Guide. Thank you so much for all your prayers supporting us to end local homelessness. Please feel free to share this guide with your church, community and friends



REGISTERED CHARITY No: 1027832

Turning Tides  
Town Hall, Chapel Road, Worthing,  
West Sussex BN11 1HA  
01903 680740

## Week 1 Impact and Hope- SkyWaves House

We give thanks for the reduction in rough sleeping in Worthing, where numbers have fallen from 17 to 7. We recognise the impact of initiatives like **Skywaves** and the provision of safe accommodation, helping people move off the streets and into more stable environments.

We pray for the continued success of this work that it may be funded and expanded across West Sussex. May more individuals be supported into safety, and may partnerships between services continue to grow, bringing lasting change and a significant reduction in rough sleeping.

***"Rough sleeping has risen nationally but in Worthing we have reduced it from 17 to 7."***

---

## Week 2 Move On Housing South & Community Support

This week we pray for client A who moved on a pathway out of homelessness into stable housing. After many years without a permanent home A was a familiar presence in the local area, their move marks a significant and hopeful change. We pray that this step will continue lead to lasting stability, renewed confidence, and a positive future not just for A but others preparing to live independently once again.

***"After many years without a permanent home, this move represents a fresh start and shows what consistent support and community can achieve."***

---

## Week 3 A Prayer for Claire

We lift up Claire's journey from fear and uncertainty to courage and change. We give thanks for her strength in choosing recovery, and for the moment she was given a place to call her own: a safe home, a steady space, and a new beginning. We are grateful for the support that walked alongside her, turning overwhelming steps into possible ones, and for the hope now growing in her life. May her home continue to be a place of peace, healing, and strength.

***"Housing First has changed my life – without their help and support I know I would have been dead by now."***

---

## Week 4 Fathers Day Reflection

This week, as we mark Father's Day, we lift up all those who are fathers or longing to reconnect with their children. We give thanks for our key workers and the care they provide to those facing complex challenges, supporting them to make positive changes and rebuild relationships.

We pray for healing where relationships have been broken, for courage to take steps towards reconnection, and for hope to grow even in difficult circumstances. May those working towards being present in their children's lives be strengthened and supported, and may small steps lead to lasting transformation.

***"Client A is working towards reconnecting with his children... even the smallest hope can be supported to shape new beginnings."***



**BEHIND EVERY STATISTIC IS A PERSON:  
SOMEONE'S SON, DAUGHTER, PARENT  
OR FRIEND. OUR SERVICES EXIST TO  
MAKE SURE THEY ARE NEVER DEFINED  
BY HOMELESSNESS**

## Week 1 Compassion in Warmer Days

As the days grow warmer and lighter, we give thanks for the changing seasons and the sense of renewal they bring. We remember, too, that warmer weather can bring new challenges for those without a safe place to rest. From exposure to the sun to the uncertainty of where to find shade, water, and support.

We pray for awareness and compassion in our communities, that we may notice those in need and respond with kindness. May this season be one where small acts of care grow into meaningful connections, and where everyone can find moments of comfort, dignity, and belonging.

---

## Week 2 A Prayer for Our Fundraisers

We pray for all who generously give their time, energy, and creativity in support of this work. From walking 500 miles and running marathons to local flower shows and bake sales no matter how big or small these acts of kindness shine a powerful light on those facing difficulties in our community. Through every step taken, every pound raised, and every act of kindness shared, lives are being changed and hope is being restored. Bless all who fundraise for Turning Tides and our community. May their example inspire others to take part in building a more compassionate world.

***“Each of you should use whatever gift you have received to serve others.” – 1 Peter 4:10***

---

## Week 3 A Story of Perseverance

We turn to a story of hope for W, who has faced over 25 years of alcohol dependence alongside complex health and support needs. Their journey has not been straightforward, with vulnerability, and long periods of uncertainty. Yet through their persistent courage, support, and hope, a new opportunity was found. We give thanks that W is now in a place of recovery and stability, we pray for their continued strength and encouragement as they move forward.

**“They are now 80+ days sober, they have been doing poetry writing, creative sessions, and are much happier.”**

---

## Week 4 International Friendship Day

Wednesday 30th July is International Friendship Day, and today we give thanks for the gift of friendship in transforming lives. On this day, we lift up those without a stable home may they find comfort in the kindness of other. May we open our hearts to our neighbours to offer kindness and hope to those who feel overlooked and alone in their moment of need.

**“Friendship is the bridge between despair and hope. To friends, to neighbours, to those we’ve never met and remind them they are seen, valued, and never truly alone.”**



Pet friendly with garden access



21 self contained apartments



# SKYWAVES HOUSE

Opened in September 2025, Skywaves House provides 24/7 high-support accommodation for people with a local connection to Adur or Worthing who are experiencing homelessness and experiencing complex needs.

Staffed 24/7 every detail has been carefully designed to offer safety, stability and dignity, helping residents rebuild their lives in a space that feels like home.

The site itself carries a story of compassion: when FEBA Radio executives saw people rough sleeping from their office window, they felt the land had a higher purpose. Rather than sell to private developers, they chose to work with Turning Tides to transform it into a place of hope.

## Week 1 Celebrating Our Donation Hub

A simple act of generosity can make a real difference. We give thanks for the Donations Hub as it marks its first year in its new home on Dominion Way. With the gift of more space, the Hub has been able to receive, sort, and share donations more effectively, helping to meet practical needs within the community.

We give thanks for the kindness of local people who have given so generously throughout the year, especially during Harvest and Christmas, this support has made a tangible difference to many. We also give thanks for the community who, with care and commitment, support our clients with the physical goods to start their lives again

**We would deeply appreciate if you could share our wishlist with your congregation -[Click Here](#)**

---

## Week 2 Identity and Belonging

We pray for everyone supported by Turning Tides who is seeking a sense of identity and belonging. May they know they are not forgotten. We give thanks for the relationships being built through support services, wellbeing team and pray that each person will experience acceptance, community, and the reassurance that they truly matter.

---

## Week 3 Move On Housing North- Story of Employment

This week we give thanks for Resident B and the journey they have taken from uncertainty and low confidence to renewed purpose and stability. After experiencing homelessness and challenges with mental health, they have shown real determination to rebuild their life step by step.

We give thanks for their commitment in completing his lifeguard qualification, their courage in re-engaging with employment, and the opportunity they now has in a new role. We also celebrate the positive changes in their confidence, relationships, and willingness to support others.

We pray for continued strength and encouragement as B settles into work and moves forward. May Resident B's story be a reminder that, with the right support and perseverance, new beginnings are possible.

**"It was November and the weather was foul, but B left every day at 7am in the dark and the rain to complete the course."**

---

## Week 4 Creativity & Community

We give thanks for the Wellbeing Wednesday Art Club at our day centre a space where people experiencing rough sleeping can pause from life's pressures and find a bit of calm through creativity. The group spent time painting pebbles with uplifting words and gentle designs. In that quiet afternoon, something shifted worries eased for a while, focus settled, and creativity became a form of rest.

Those pebbles were later left around the community for others to find, small unexpected gifts of kindness placed quietly in the world. We give thanks for these ordinary moments that carry something extraordinary within them: calm, connection, and care.

**"A small painted pebble may not change the world...  
but it might just change a moment."**





Registered Charity No. 1027832



**TURNINGTIDES**  
ENDING LOCAL HOMELESSNESS

**Littlehampton Community Hub**

- 01903 680740 ext. 239
- [www.turning-tides.org.uk](http://www.turning-tides.org.uk)

**THANK YOU FOR YOUR  
TIME AND PRAYERS**



**Our recovery project abseiled down the Spinnaker Tower to raise funds and awareness.**