# Gift.Goods4Good

SPRINC 2024 WISH LIST Why not pick 'n' mix? Stock is at an all-time low

### **Top Ten Most Wanted This Season...**

- Tinned Meat Ham & Corned Beef
  Custard
- **Tinned Fish**

TURNINGTIDES

- **Tinned Vegetarian Meals**
- Sugar
- **Microwave Rice**

## **Breakfast Bag**

- Coffee
- **Hot Chocolate**
- **Carton juice large and small**
- **Ketchup, Brown Sauce** •
- Bacon, Sausages, Eggs, Hash Browns
- Mushrooms, Tomatoes
- Cereal Bars and Breakfast/Protein Bars

#### Kit Bag

- Warm Sleeping Bags
- **Rucksacks, Backpacks**
- Tee-shirts, Hoodies, Joggers med/large All-purpose Cleaning Sprays
- Men's boxers

- Cooking Oil
- Pot Noodles
- Snack Pots
- Washing Powder

# **Toiletries & Bedding**

- **Shaving Gels, Razors**
- **Toothbrushes & Toothpaste**
- Handwash
- Bath Towels
- **Single Bedding Sets**
- Pillows and Single Duvets new and laundered and unstained

#### **Cleaning Crate**

- Washing Powder
- Washing-up Liquid
- Cleaning Wipes
- Dishwasher Tablets & Salt
- **Black Sacks & Cleaning Sponges**

#### **How can you donate?**

Drop off: Donations Hub - Unit 1, Thesiger Close, Worthing, BN11 2RN

**Open: Tuesday, Wednesday, Friday** 9am - 12.30pm **Email offers and pictures to:** donations@turning-tides.org.uk Phone 01903 680740 ext 248

> <u>DONATE – VOLUNTEER – FUNDRAISE</u> WWW.TURNING-TIDES.ORG.UK

> > CHARITY REG NO: 1027832

FOR YOUR SUPPORT

A HEART FFL T THANK YOU

TURNINGTIDES

# just now

Thank you but we do not need cereal, pasta,

tea, tinned vegetables and tinned pulses

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'Your donations and kindness means that many of our clients have been kept content and well fed during hard times. This is like a light in the darkness - this kind of help is priceless. Thank you, from everyone here at St. Johns, Burgess Hill, for caring and sharing'.

**Cavan - Health & Wellbeing Coordinator** 

Thank you for accepting my chair donation. It means a lot to me that it is going to help one of your clients who is soon to move into a place of their own. I will also be making a financial donation to support your wonderful charity'.

#### Christina

'We were very touched and humbled that your client shared his story with us and that he will now be sleeping on the bed tonight. We hope the bed is really comfortable for him and that he is settling into this new chapter of his life. We have been blessed by this whole experience - thank you to you and your team.

M&H Hall



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