

KIT LIST

You will need to bring items that keep you as warm and comfortable as possible. Here are some essentials:

- Sleeping bag
- Blankets / fleeces
- Camping mat / cardboard / yoga mat
- Warm clothes (jumpers, socks, hat, gloves, jacket)
- Waterproofs / rain protection / umbrella
- Tarpaulin / water proof sheet
- Camera / phone
- Torch / head torch
- Rubbish bag
- Cardboard boxes to put on the ground
- Hand wipes
- Flask / mug
- Book / magazine

