



Gift.Goods4Good

Help bring hope and warmth this winter to someone without a home

Why not pick 'n' mix? Essential stocks are at an all-time low

Breakfast Bag

- Coffee
- Sugar
- Long-life Milk
- Carton juice - large and small
- Ketchup, Brown sauce
- Bacon, Sausages, Eggs
- Mushrooms, Tomatoes
- Hash Browns
- Butter
- Marmalade, Jam
- Cooking Oil
- Hot Chocolate

We do not need cereal or tea just now

Basics Basket

- Tinned Ham, Corned Beef, Tinned Fish
- Tinned Meat and Vegetarian Meals
- Fray Bentos Pies
- Tinned Custard and Rice Pudding
- Cooking Sauces
- Microwave Rice
- Squash

We do not need pasta and rice just now

Cleaning Crate

- Toilet Rolls and Kitchen Roll
- Toilet Cleaner
- Washing-up Liquid
- Cleaning Wipes
- Washing Powder
- All-purpose Cleaning Sprays
- Dish-washer Tablets
- Black Sacks
- Bleach

Light Lunch Box

- Small Bottled Water/Carton Drinks
- Breakfast Cereal Snack-bars
- Snack Pots, Pot Noodles
- Pasta-n-Sauce
- Crisps, Biscuits
- Sandwich Spreads, Peanut Butter, Marmite, Chocolate Spread

Toiletry Tote

- Shampoo and Conditioner
- Shaving Gels, Razors
- Shower Gels, Deodorants
- Bath towels
- Single Bedding Sets, Single Duvets, Pillows - laundered and unstained

Cold Weather Kit Bag

- Sleeping Bags - winter weight ideally
- Small, strong and easy to carry Pop-up Tents
- Rucksacks, Backpacks
- Head-torches
- New Men's Boxers
- New Socks/Thermal Socks - Men's and Women's
- New Gloves, scarves and Hats
- Tee-shirts, Hoodies, Joggers - medium/large
- Water Resistant/Proof Jackets

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How can you donate?

Drop off: Donations Hub - Unit 1, Thesiger Close, Worthing, BN11 2RN

Open: Tuesday, Wednesday, Friday 9am - 12.30pm

Christmas - last day Friday 22 December

Reopening Tuesday 2 January 2024

Visit for details: www.turning-tides.org.uk/donation-of-goods/

Email: donations@turning-tides.org.uk

Phone 01903 680740 ext 248

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THANK YOU
FOR YOUR
CONTINUED SUPPORT!





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'Your donations and kindness means that many of our clients have been kept content and well fed during hard times. This is like a light in the darkness - this kind of help is priceless.

Thank you, from everyone here at St. Johns, Burgess Hill,
for caring and sharing'.

Cavan - Health & Wellbeing Coordinator

'Thank you for accepting my chair donation. It means a lot to me that it is going to help one of your clients who is soon to move into a place of their own. I will also be making a financial donation to support your wonderful charity'.

Christina

'We were very touched and humbled that your client shared his story with us and that he will now be sleeping on the bed tonight. We hope the bed is really comfortable for him and that he is settling into this new chapter of his life. We have been blessed by this whole experience - thank you to you and your team.

M&H Hall

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