

## EDIBLE ITEMS

- SUGAR
- COFFEE
- SMALL JUICES
- COOKING OIL
- SQUASH
- CARTON MILK
- CRISPS
- CEREAL BARS



- CHEESE
- SLICED MEATS
- BACON
- SAUSAGE ROLLS
- INDIVIDUAL MEAT PIES
- BUTTER/MARGARINE
- BANANAS
- SAUSAGES
- TANGERINES
- BREAD ROLLS
- VEGETABLES



**WE DON'T NEED:** 

PASTA, SOUPS, BEANS & TINNED TOMATOES.



## MISC ITEMS

- HAND SANITISERS
- LIQUID SOAPS
- SHAMPOO
- TOILET ROLLS
- KITCHEN ROLLS
- TOILET CLEANER
- WASHING POWDER
- WASHING LIQUID
- CREAM CLEANER
- BLACK SACKS
- SANDWICH BAGS
- ANTI BAC SPRAY
- CEREAL BOWLS
- SMALL TENTS
- BATH TOWELS
- SINGLE MATTRESSES
- SINGLE DUVETS
- SINGLE BEDS

## CLOTHING

- MEN'S JEANS SMALL / MED
- JOGGING BOTTOMS SMALL/ MED
- MEN'S BOXERS NEW PLEASE



GOT ANY SPARE DIGITAL DEVICES? WWW.TURNING-TIDES.ORG.UK/DIGITAL-DONATIONS/

## **IMPORTANT: PLEASE READ**

- We are aware currently it is a difficult time to source certain foods and non-consumables. Please donate items and quantities responsibly, so that others can also acquire them.
- We ask that you leave donations outside at the Unit, during the opening times below, to ensure the protection of your health in respect to social distancing.

**DELIVER TO:** 

Unit 1
Thesiger Close
Worthing
BN11 2RN

Items can be taken to our Unit at Thesiger Close
Open: Tuesday, Wednesday & Friday, 9am - 12:30
Phone: 01903 680740 Ext No: 248 Mobile: 07703 836015

FIND OUT OTHER WAYS YOU CAN SUPPORT OUR CHARITY: WWW.TURNING-TIDES.ORG.UK

THANK





DONATIONS@TURNING-TIDES.ORG.UK